



## HOW YOU CAN MAKE A DIFFERENCE

04

### ADVOCATE FOR CHANGE

Use your voice to advocate for equitable healthcare policies. Contact your local representatives. Participate in our webinar on July 20-21. Share the statistics from this toolkit. Systemic change starts with informed community voices.

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### DONATE

Your donation directly funds support groups, treatment advocacy, community resources, and the infrastructure that makes BMMH Week possible year after year. In 2025, we raised \$100K+ and every dollar went to work.

Donate: [shadesofblueproject.org/donate](https://shadesofblueproject.org/donate)

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### SPONSOR OR BECOME A VENDOR

Organizations and businesses can align with the most trusted Black maternal mental health platform in Houston. Sponsors receive national visibility, platform recognition, and direct community engagement. Vendors connect with 200+ attendees actively seeking resources.

Sponsor: [bit.ly/3Luu0Fe](https://bit.ly/3Luu0Fe) | Vendor: [bit.ly/BMMHVendor2026](https://bit.ly/BMMHVendor2026)

“Together, we are honoring our stories, healing, and thriving for generational impact.”

– Shades of Blue Project