

# **Open Remarks and Ceremony**

8:30 - 9:00am Wednesday, 24th July, 2024

## **Keynote Speaker: Jennie Josphe**

9:15 - 10:00am Wednesday, 24th July, 2024

Presentation Locations Grand Ballroom

## **Exploration Of Black Birthing Parents: Implications For Community Education**

10:15 - 10:50am Wednesday, 24th July, 2024

Track Reproductive Health & Birth Justice

Presentation type Break-Out Session

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### **23 Exploration Of Black Birthing Parents: Implications For Community Education**

Chamieka House-Osuya

University of Wisconsin-Milwaukee, Milwaukee, USA

## **Bending the Curve: Three Key Strategies to Prevent Removal of Black Children from their Families Affected by Mental Health and Substance Use Disorders**

10:15 - 10:50am Wednesday, 24th July, 2024

Track Care and Service Provisions

## Presentation type Break-Out Session

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### **57 Bending the Curve: Three Key Strategies to Prevent Removal of Black Children from their Families Affected by Mental Health and Substance Use Disorders**

Latonya Adjei-Tabi

National Center on Substance Abuse and Child Welfare, Irvine, USA

## **Prepared for Postpartum: The role of Doulas in preparing for the practical an unpredictable**

10:15 - 10:50am Wednesday, 24th July, 2024

Track Care and Service Provisions

Presentation type Break-Out Session

This workshop for doulas highlights the crucial role of postpartum planning in supporting Black mothers through the early stages of postpartum. While birth planning is often prioritized, this workshop emphasizes the importance of extending support beyond childbirth by integrating postpartum planning into doula practice. Doulas will explore the significance of guiding clients through postpartum planning, recognizing that this proactive approach equips mothers with essential skills, resources, and support networks to navigate the practical and emotional challenges of the postpartum period.

Through the utilization of the Sankofa Mama Postpartum Planning Guide, doulas will learn how to empower mothers with personalized plans tailored to their unique needs, ultimately enhancing maternal mental health outcomes and fostering a smoother transition into motherhood. This workshop aims to equip doulas with the tools and knowledge to facilitate comprehensive postpartum care, ensuring that Black mothers receive the support they need beyond childbirth.

## **Black Women Deserve Multifaceted Maternal Mental Health Approaches**

10:15 - 10:50am Wednesday, 24th July, 2024  
Track Advocacy, Research and Policy  
Presentation type Break-Out Session

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**69 Black Women Deserve Multifaceted Maternal Mental Health Approaches**

Venicia Gray

National Partnership for Women & Families, Washington, DC, USA

**I Had an Epiphany:Black Maternal Mental Health Matters**

11:00 - 11:45am Wednesday, 24th July, 2024  
Track Community Centered Solutions  
Presentation type Break-Out Session

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**19 I Had an Epiphany..Black Maternal Mental Health Matters**

Lisa Parker

Lincoln University, Phildelphia, USA

**Infant Carrying: A cost-effective, cultural practice to improve postpartum mental health outcomes**

11:00 - 11:45am Wednesday, 24th July, 2024  
Track Advocacy, Research and Policy  
Presentation type Break-Out Session

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**50 Infant Carrying: A cost-effective, cultural practice to improve postpartum mental health outcomes**

Emily Little, [Aver Yakubu](#)

Nurturely, Eugene, USA

## **Redefining Care: The Path to Gender-Inclusive Parenting**

11:00 - 11:45am Wednesday, 24th July, 2024

Track Care and Service Provisions

Presentation type Break-Out Session

## **We Deserve Better: Improving Care for Black Parents Who Have Experienced Perinatal Loss**

11:00 - 11:45am Wednesday, 24th July, 2024

Track Stress, Mood, Anxiety

Presentation type Break-Out Session

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**37 We Deserve Better: Improving Care for Black Parents Who Have Experienced Perinatal Loss**

[Dorienna Alfred](#)

Works of Faith Wellness and Consultation, LLC, Gahanna, USA

## **LUNCH BREAK**

12:00 - 12:45pm Wednesday, 24th July, 2024

## **Visit Exhibitor Booths**

12:00 - 12:45pm Wednesday, 24th July, 2024

## **Early Detection of Postpartum Depression and Anxiety in Black Mothers: A Call to Action**

1:00 - 1:45pm Wednesday, 24th July, 2024

Track Mental Health A Collective Centered Approach  
Presentation type Break-Out Session

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### **36 Early Detection of Postpartum Depression and Anxiety in Black Mothers: A Call to Action**

Christina Runnels

Greater Houston Counseling Services, Houston, USA. Private Practice DIY, Houston, USA

## **"Is It Just My Imagination? - The Mind of The Black Birth Doula Supporting High Risk Black Births."**

1:00 - 1:45pm Wednesday, 24th July, 2024

Presentation Locations Ballroom 3  
Track Doula and Midwifery Care  
Presentation type Break-Out Session

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**26 "Is It Just My Imagination? - The Mind of The Black Birth Doula Supporting High Risk Black Births." Presented by Denise Bolds, MSW Adv.CD(DONA), CLC, CBE**

Denise Bolds

Black women Do VBAC, New York, USA

## **Panel Discussion #1 Storytelling Series**

1:00 - 1:45pm Wednesday, 24th July, 2024

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**30 When Black Parents Live in Mental Health Care Deserts, How Can They Process Birth Trauma?**

Shayla Brown

Genesis Birthing and Living, Rocky Mount, USA

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**14 Matriarchs of Change: Navigating Mental Health with Purpose and Power**

Charisse Daniels-Johnson<sup>1</sup>, Chandra Lewis<sup>2</sup>

<sup>1</sup>niNA Collective, Madison, USA. <sup>2</sup>Reimagining Full Spectrum doula services, Madison, USA

# **Beyond the Decision: Black Women, Abortion, and the Path of Grief and Healing**

1:00 - 1:45pm Wednesday, 24th July, 2024

Track Abortion Care & Support

Presentation type Break-Out Session

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## **32 Beyond the Decision: Black Women, Abortion, and the Path of Grief and Healing**

Dr. Jamie Eaddy

PHILADELPHIA, PHILADELPHIA, USA

## **POSTER PRESENTATION WALKTHROUGH**

2:00 - 2:45pm Wednesday, 24th July, 2024

Presentation type Poster Presentation

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## **51 “Black women are often taught to produce and to survive, not to live:” Black Women’s Experiences with Self-Care Practices**

Chishinga Callender, Chidera Emeto, Kaiya Farris, Jakira Lewis

UTHealth School of Public Health, Houston, USA

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## **67 It Takes A Village: A Scoping Review Investigating the Impact of Perinatal Support in Improving Maternal and Fetal Outcomes**

Taylor Jackson, Hannah Adams

University of Houston Tilman J. Fertitta Family College of Medicine, Houston, USA

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### **47 State Medicaid Opportunities to Support Maternal and Infant Mental Health During the 12-Month Postpartum Period**

Elisabeth Wright Burak<sup>1</sup>, Anne Dwyer<sup>1</sup>, Kay Johnson<sup>2</sup>, Tanesha Mondestin<sup>1</sup>

<sup>1</sup>Georgetown University, Washington, DC, USA. <sup>2</sup>Johnson Policy Consulting, Inc., Vermont, USA

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### **43 Empowering Black Mothers: Navigating Systemic Barriers with Resilience**

Dr. Sabrina Dean, DBA, MSA, BSN, R. N.

Dr. Sabrina's Healthcare Consulting, LLC, Clayton, OH, USA

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### **39 Culturally Competent Maternal Mental Health Support: Empowering Community-Based Birth Workers**

Chandra Lewis-Hassell<sup>1</sup>, Charisse Daniels-Johnson<sup>2</sup>

<sup>1</sup>Reimagining Full Spectrum Doula Services, Madison, WI, USA. <sup>2</sup>nINA Collective, Madison, WI, USA

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### **60 Collective Work and Responsibility: Sustaining A Community-Based Doula Program**

Dalvery Blackwell, Whitney Bingham

African American Breastfeeding Network Inc., Milwaukee, USA

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### **63 Forgotten Mama: Navigating Motherhood through Maternal Self-Care**

Whitney Batteast

Pickles & Popsicles, Inc., Clinton, USA



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## **15 Giving Austin Labor Support: Providing Perinatal Support and Advancing Reproductive Justice in Central Texas**

Raichal McDonald

Giving Austin Labor Support, Austin, USA

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## **49 Nourishing Minds, Bridging Gaps: An Innovative Approach to Black Maternal Mental Health**

Alicia Miller, Emily Sylveser

Mother of Fact, New Hampshire, USA

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## **64 Beyond the Belly: Examining the Black Maternity Experience**

Alexis Campbell, Dr. Janelle Cox

Bowie State University, Bowie, USA

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## **73 From Scratch: Case Study of Rural Black Mamas Experiences After Birth and Othermothering**

Jazzmine Brooks

Iowa State University, Ames, USA

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## **61 Reimagining Perinatal Mental Healthcare for Black Women and Birthing Parents: Black Joy As Digital Medicine**

Lauren Elliott<sup>1</sup>, Clarké Lunara<sup>1</sup>, Sydney Morris<sup>1,2</sup>, Lydia Ramharack<sup>1</sup>

<sup>1</sup>Candlelit Therapy, Inc., Charlotte, USA. <sup>2</sup>Palo Alto University, Palo Alto, USA

# **Navigating the Invisible Chapter of Motherhood**

3:00 - 3:45pm Wednesday, 24th July, 2024

Track Mental Health A Collective Centered Approach  
Presentation type Break-Out Session

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## **77 Navigating the Invisible Chapter of Motherhood**

sonni Williams

Narrative Therapy & Co., Clover, USA

# **"Reproductive Rights in the Balance: Understanding the Impact of Roe vs. Wade's Overturn on Reproductive Justice"**

3:00 - 3:45pm Wednesday, 24th July, 2024

Track Abortion Care & Support  
Presentation type Break-Out Session

## **Panel Discussion #2 Storytelling Series**

3:00 - 3:45pm Wednesday, 24th July, 2024

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## **91 Mindful strategies to protect the mental health of Black Moms**

J. Lindsay Sillas, M.D.

The Woman's Hospital of Texas, Houston, Texas, USA

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## **7 Suffering in silence: Navigating a miscarriage**

Dr. Elisa Niles Thorne

Hodges University, Fort Myers, USA. SoundMind Counseling and Consulting Services, LLC, North Port, USA

# **Understanding Black Women's Mental Health and Birth Outcomes Post-Hurricane Harvey**

3:00 - 3:45pm Wednesday, 24th July, 2024

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## **87 Understanding Black Women's Mental Health and Birth Outcomes Post-Hurricane Harvey**

Jacquita N. Johnson

Texas A&M University, College Station, USA

# **Panel #3 Mindful Beginnings: Navigating Perinatal and Infant Mental Health with Expert Insights**

3:50 - 4:20pm Wednesday, 24th July, 2024

## **Closing Ceremony**

4:30 - 4:45pm Wednesday, 24th July, 2024

Presentation Locations Grand Ballroom

## **Happy Hour Art Showcase**

5:00 - 7:30pm Wednesday, 24th July, 2024

Presentation Locations 1st Floor Lobby

Join us for a captivating evening at the Art of Motherhood Happy Hour, an enriching event following the first day of the Black Maternal Mental Health Summit. This special gathering offers a unique opportunity to connect and unwind while exploring powerful art displays that celebrate the theme of motherhood. Enjoy an array of light bites and refreshments in an inspiring atmosphere, where art and advocacy converge to honor the journey of motherhood.

## **Open Remarks and Ceremony**

8:30 - 9:00am Thursday, 25th July, 2024

## **INSPIRE Method Training**

9:00am - 12:45pm Thursday, 25th July, 2024

Presentation Locations Grand Ballroom

Participant will learn the I.N.S.P.I.R.E Method and how it applies to maternal mental health and selfcare for both patients and providers. Training will include compassion care methods that participants can use in their everyday professional practice when working with and inside the community. This training is specific to inclusion of all and some specific care for women of color and minorities, and can be implemented by both doulas, midwives, clinicians and those facilitating support groups within organizations. Full day participation needed to acquire our certification.

# **Navigating Grief and Loss in Maternal Mental Health: A Grief Recovery Method Pilot Project**

1:00 - 1:45pm Thursday, 25th July, 2024

Track Mental Health A Collective Centered Approach

Presentation type Break-Out Session

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**66 Navigating Grief and Loss in Maternal Mental Health: A Grief Recovery Method Pilot Project in Cleveland, Oh**

Tammie Jones, Briana Fair

Birthing Beautiful Communities, Cleveland, USA

# **From Strength to Serenity: Nurturing Self-Compassion and Resilience in Black Motherhood**

1:00 - 1:45pm Thursday, 25th July, 2024

Track Stress, Mood, Anxiety

Presentation type Break-Out Session

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**76 From Strength to Serenity: Nurturing Self-Compassion and Resilience in Black Motherhood**

Rachael DuBose

Be the Light Clinical Supervision and Consulting, Cincinnati, USA

# Panel Discussion #4 Storytelling Series

1:00 - 1:45pm Thursday, 25th July, 2024

Presentation type Storytelling Panel Discussion Series

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## **52 Black Infertility Exists: Navigating Infertility Through a Cultural Lens**

Ashley Hunt

Crescent and Crown Therapy, LLC, Chicago, USA

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## **42 Considerations for comfort for Black moms who experience TFMR (Termination for medical reasons)**

Whitney Trotter

N/A, Memphis, USA

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## **35 The Mourning After: Addressing Black Grief and Reclaiming Our Joy.**

Xaviera Bell

Zeal of Xander, Inc, Raleigh, USA

# **Supporting Black Birthing People Living with HIV and Their Mental Wellbeing through Storytelling**

1:00 - 1:45pm Thursday, 25th July, 2024

Track Advocacy, Research and Policy

Presentation type Break-Out Session

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## **53 Supporting Black Birthing People Living with HIV and Their Mental Wellbeing through Storytelling**

Robyn Adams, Stacie McCormick, D'Andra Willis, Amber Reid, Helen Zimba, Qiana Lewis-Arnold

The Afiya Center, Dallas, TX, USA

## **Rainbow Clinic: Creating a Safe Prenatal Space Post Stillbirth**

2:00 - 2:45pm Thursday, 25th July, 2024

Track Care and Service Provisions

Presentation type Break-Out Session

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## **65 Rainbow Clinic: Creating a Safe Prenatal Space Post Stillbirth**

Marjorie Vail

Push For Empowered Pregnancy, Katonah, USA

## **Elevating Mental & Emotional Health Prior to Birth: Midwives, Doulas & the Village**

2:00 - 2:45pm Thursday, 25th July, 2024

Track Doula and Midwifery Care

Presentation type Break-Out Session

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## **46 Elevating Mental & Emotional Health Prior to Birth: Midwives, Doulas & the Village**

Okunsola M. Amadou

Jamaa Birth Village, Ferguson, USA

# **Using the Power of Community to Elevate Prenatal and Postpartum Mental Health Support**

2:00 - 2:45pm Thursday, 25th July, 2024

Track Community Centered Solutions

Presentation type Break-Out Session

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## **56 Using the Power of Community to Elevate Prenatal and Postpartum Mental Health Support**

Toshira Maldonado

Most BEautiful W.O.M.B. Inc, Pleasantville, USA

## **POSTER PRESENTATION WALKTHROUGH**

2:00 - 2:45pm Thursday, 25th July, 2024

Presentation type Poster Presentation

## **Utilizing community based doula support as an intervention to improve mental health for incarcerated birthing people**



3:00 - 3:45pm Thursday, 25th July, 2024  
Track Community Centered Solutions  
Presentation type Break-Out Session

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**45 Utilizing community based doula support as an intervention to improve mental health for incarcerated birthing people**

Autumn Mason<sup>1</sup>, Chauntel Norris<sup>2</sup>

<sup>1</sup>Minnesota Prison Doula Project, Minneapolis, USA. <sup>2</sup>Alabama Prison Birth Project, MONTGOMERY, USA

## **Community-Driven Workforce Solutions to Support Black Maternal Health**

3:00 - 3:45pm Thursday, 25th July, 2024  
Track Doula and Midwifery Care  
Presentation type Break-Out Session

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**68 Community-Driven Workforce Solutions to Support Black Maternal Health**

Jessica Ehule

I Be Black Girl, Omaha, USA

## **Panel Discussion #5 Storytelling Series**

3:00 - 3:45pm Thursday, 25th July, 2024  
Presentation type Storytelling Panel Discussion Series

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## **24 The holistic approach to creating change in socioeconomic disparities that impact Black Maternal Mental Health**

Shanika King

A Mother's Love, Omaha, USA

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## **16 Putting human back in humanity**

Holly Sisa

Morning Mimosas, Denver, USA. The Lounge, Denver, USA. Queen's Wrld Boutique, Aurora, USA

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## **58 Storytelling for Healing**

Adelia Davis

Brightpoint, Chicago, USA

# **ROSE Black Maternal and Child Health Risk Index: Utilizing Data to Strengthen Maternal Mental Health Services Provided to Black Birthing People**

3:00 - 3:45pm Thursday, 25th July, 2024

Track Community Centered Solutions

Presentation type Break-Out Session

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**89 ROSE Black Maternal and Child Health Risk Index: Utilizing Data to Strengthen Maternal Mental Health Services Provided to Black Birthing People**

Kimberley Broomfield-Massey<sup>1</sup>, Andrea Serano<sup>2</sup>, Kimarie Bugg<sup>2</sup>, Kimberly Harper<sup>2</sup>,  
Calondra Tibbs<sup>3</sup>

<sup>1</sup>Urban Metrics Consultants, LLC, Marietta, USA. <sup>2</sup>Reaching Our Sisters Everywhere,  
Lithonia, USA. <sup>3</sup>Trifecta Advising, Atlanta, USA

## **Closing Ceremony Celebration**

3:50 - 4:00pm Thursday, 25th July, 2024  
Presentation Locations Grand Ballroom