Open Remarks and Ceremony
8:30 - 9:00am Wednesday, 24th July, 2024

Keynote Speaker: Jennie Jospeh
9:15 - 10:00am Wednesday, 24th July, 2024
Presentation Locations Grand Ballroom

Exploration Of Black Birthing Parents: Implications For Community Education
10:15 - 10:50am Wednesday, 24th July, 2024
Track Reproductive Health & Birth Justice
Presentation type Break-Out Session

23 Exploration Of Black Birthing Parents: Implications For Community Education
Chamieka House-Osuya
University of Wisconsin-Milwaukee, Milwaukee, USA

Bending the Curve: Three Key Strategies to Prevent Removal of Black Children from their Families Affected by Mental Health and Substance Use Disorders
10:15 - 10:50am Wednesday, 24th July, 2024
Track Care and Service Provisions
57 Bending the Curve: Three Key Strategies to Prevent Removal of Black Children from their Families Affected by Mental Health and Substance Use Disorders

Latonya Adjei-Tabi
National Center on Substance Abuse and Child Welfare, Irvine, USA

Prepared for Postpartum: The role of Doulas in preparing for the practical and unpredictable

10:15 - 10:50am Wednesday, 24th July, 2024
Track Care and Service Provisions
Presentation type Break-Out Session

This workshop for doulas highlights the crucial role of postpartum planning in supporting Black mothers through the early stages of postpartum. While birth planning is often prioritized, this workshop emphasizes the importance of extending support beyond childbirth by integrating postpartum planning into doula practice. Doulas will explore the significance of guiding clients through postpartum planning, recognizing that this proactive approach equips mothers with essential skills, resources, and support networks to navigate the practical and emotional challenges of the postpartum period.

Through the utilization of the Sankofa Mama Postpartum Planning Guide, doulas will learn how to empower mothers with personalized plans tailored to their unique needs, ultimately enhancing maternal mental health outcomes and fostering a smoother transition into motherhood. This workshop aims to equip doulas with the tools and knowledge to facilitate comprehensive postpartum care, ensuring that Black mothers receive the support they need beyond childbirth.

Black Women Deserve Multifaceted Maternal Mental Health Approaches
10:15 - 10:50am Wednesday, 24th July, 2024
Track Advocacy, Research and Policy
Presentation type Break-Out Session

69 Black Women Deserve Multifaceted Maternal Mental Health Approaches
Venicia Gray
National Partnership for Women & Families, Washington, DC, USA

I Had an Epiphany: Black Maternal Mental Health Matters
11:00 - 11:45am Wednesday, 24th July, 2024
Track Community Centered Solutions
Presentation type Break-Out Session

19 I Had an Epiphany.. Black Maternal Mental Health Matters
Lisa Parker
Lincoln University, Philadelphia, USA

Infant Carrying: A cost-effective, cultural practice to improve postpartum mental health outcomes
11:00 - 11:45am Wednesday, 24th July, 2024
Track Advocacy, Research and Policy
Presentation type Break-Out Session
50 Infant Carrying: A cost-effective, cultural practice to improve postpartum mental health outcomes

Emily Little, Aver Yakubu
Nurturely, Eugene, USA

Redefining Care: The Path to Gender-Inclusive Parenting

11:00 - 11:45am Wednesday, 24th July, 2024
Track Care and Service Provisions
Presentation type Break-Out Session

We Deserve Better: Improving Care for Black Parents Who Have Experienced Perinatal Loss

11:00 - 11:45am Wednesday, 24th July, 2024
Track Stress, Mood, Anxiety
Presentation type Break-Out Session

37 We Deserve Better: Improving Care for Black Parents Who Have Experienced Perinatal Loss

Dorienna Alfred
Works of Faith Wellness and Consultation, LLC, Gahanna, USA
LUNCH BREAK
12:00 - 12:45pm Wednesday, 24th July, 2024

Visit Exhibitor Booths
12:00 - 12:45pm Wednesday, 24th July, 2024

Early Detection of Postpartum Depression and Anxiety in Black Mothers: A Call to Action
1:00 - 1:45pm Wednesday, 24th July, 2024
Track Mental Health A Collective Centered Approach
Presentation type Break-Out Session

36 Early Detection of Postpartum Depression and Anxiety in Black Mothers: A Call to Action
Christina Runnels
Greater Houston Counseling Services, Houston, USA. Private Practice DIY, Houston, USA

1:00 - 1:45pm Wednesday, 24th July, 2024
Presentation Locations Ballroom 3
Track Doula and Midwifery Care
Presentation type Break-Out Session


Denise Bolds
Black women Do VBAC, New York, USA

Panel Discussion #1 Storytelling Series
1:00 - 1:45pm Wednesday, 24th July, 2024

30 When Black Parents Live in Mental Health Care Deserts, How Can They Process Birth Trauma?

Shayla Brown
Genesis Birthing and Living, Rocky Mount, USA

14 Matriarchs of Change: Navigating Mental Health with Purpose and Power

Charisse Daniels-Johnson¹, Chandra Lewis²
¹niNA Collective, Madison, USA. ²Reimagining Full Spectrum doula services, Madison, USA
Beyond the Decision: Black Women, Abortion, and the Path of Grief and Healing

1:00 - 1:45pm Wednesday, 24th July, 2024
Track Abortion Care & Support
Presentation type Break-Out Session

Beyond the Decision: Black Women, Abortion, and the Path of Grief and Healing
Dr. Jamie Eaddy
PHILADELPHIA, PHILADELPHIA, USA

POSTER PRESENTATION WALKTHROUGH

2:00 - 2:45pm Wednesday, 24th July, 2024
Presentation type Poster Presentation

“Black women are often taught to produce and to survive, not to live:” Black Women’s Experiences with Self-Care Practices

Chishinga Callender, Chidera Emeto, Kaiya Farris, Jakira Lewis
UTHHealth School of Public Health, Houston, USA


Taylor Jackson, Hannah Adams
47 State Medicaid Opportunities to Support Maternal and Infant Mental Health During the 12-Month Postpartum Period

Elisabeth Wright Burak¹, Anne Dwyer¹, Kay Johnson², Tanesha Mondestin¹
¹Georgetown University, Washington, DC, USA. ²Johnson Policy Consulting, Inc., Vermont, USA

43 Empowering Black Mothers: Navigating Systemic Barriers with Resilience

Dr. Sabrina Dean, DBA, MSA, BSN, R. N.
Dr. Sabrina's Healthcare Consulting, LLC, Clayton, OH, USA

39 Culturally Competent Maternal Mental Health Support: Empowering Community-Based Birth Workers

Chandra Lewis-Hassell¹, Charisse Daniels-Johnson²
¹Reimagining Full Spectrum Doula Services, Madison, WI, USA. ²nINA Collective, Madison, WI, USA

60 Collective Work and Responsibility: Sustaining A Community-Based Doula Program

Dalvery Blackwell, Whitney Bingham
African American Breastfeeding Network Inc., Milwaukee, USA

63 Forgotten Mama: Navigating Motherhood through Maternal Self-Care

Whitney Batteast
Pickles & Popsicles, Inc., Clinton, USA
15 Giving Austin Labor Support: Providing Perinatal Support and Advancing Reproductive Justice in Central Texas
Raichal McDonald
Giving Austin Labor Support, Austin, USA

49 Nourishing Minds, Bridging Gaps: An Innovative Approach to Black Maternal Mental Health
Alicia Miller, Emily Sylveser
Mother of Fact, New Hampshire, USA

64 Beyond the Belly: Examining the Black Maternity Experience
Alexis Campbell, Dr. Janelle Cox
Bowie State University, Bowie, USA

73 From Scratch: Case Study of Rural Black Mamas Experiences After Birth and Othermothering
Jazzmine Brooks
Iowa State University, Ames, USA

61 Reimagining Perinatal Mental Healthcare for Black Women and Birthing Parents: Black Joy As Digital Medicine
Lauren Elliott¹, Clarké Lunara¹, Sydney Morris¹,², Lydia Ramharack¹
¹Candlelit Therapy, Inc., Charlotte, USA. ²Palo Alto University, Palo Alto, USA
Navigating the Invisible Chapter of Motherhood

3:00 - 3:45pm Wednesday, 24th July, 2024
Track Mental Health A Collective Centered Approach
Presentation type Break-Out Session

77 Navigating the Invisible Chapter of Motherhood

sonni Williams
Narrative Therapy & Co., Clover, USA

"Reproductive Rights in the Balance: Understanding the Impact of Roe vs. Wade's Overturn on Reproductive Justice"

3:00 - 3:45pm Wednesday, 24th July, 2024
Track Abortion Care & Support
Presentation type Break-Out Session

Panel Discussion #2 Storytelling Series

3:00 - 3:45pm Wednesday, 24th July, 2024

91 Mindful strategies to protect the mental health of Black Moms

J. Lindsay Sillas, M.D.
The Woman's Hospital of Texas, Houston, Texas, USA
7 Suffering in silence: Navigating a miscarriage

Dr. Elisa Niles Thorne
Hodges University, Fort Myers, USA. SoundMind Counseling and Consulting Services, LLC, North Port, USA

Understanding Black Women’s Mental Health and Birth Outcomes Post-Hurricane Harvey

3:00 - 3:45pm Wednesday, 24th July, 2024

87 Understanding Black Women’s Mental Health and Birth Outcomes Post-Hurricane Harvey

Jacquita N. Johnson
Texas A&M University, College Station, USA

Panel #3 Mindful Beginnings: Navigating Perinatal and Infant Mental Health with Expert Insights

3:50 - 4:20pm Wednesday, 24th July, 2024

Closing Ceremony

4:30 - 4:45pm Wednesday, 24th July, 2024
Happy Hour Art Showcase

5:00 - 7:30pm Wednesday, 24th July, 2024
Presentation Locations 1st Floor Lobby

Join us for a captivating evening at the Art of Motherhood Happy Hour, an enriching event following the first day of the Black Maternal Mental Health Summit. This special gathering offers a unique opportunity to connect and unwind while exploring powerful art displays that celebrate the theme of motherhood. Enjoy an array of light bites and refreshments in an inspiring atmosphere, where art and advocacy converge to honor the journey of motherhood.

Open Remarks and Ceremony

8:30 - 9:00am Thursday, 25th July, 2024

INSPIRE Method Training

9:00am - 12:45pm Thursday, 25th July, 2024
Presentation Locations Grand Ballroom

Participant will learn the I.N.S.P.I.R.E Method and how it applies to maternal mental health and selfcare for both patients and providers. Training will include compassion care methods that participants can use in their everyday professional practice when working with and inside the community. This training is specific to inclusion of all and some specific care for women of color and minorities, and can be implemented by both doulas, midwives, clinicians and those facilitating support groups within organizations. Full day participation needed to acquire our certification.
Navigating Grief and Loss in Maternal Mental Health: A Grief Recovery Method Pilot Project

1:00 - 1:45pm Thursday, 25th July, 2024
Track Mental Health A Collective Centered Approach
Presentation type Break-Out Session

66 Navigating Grief and Loss in Maternal Mental Health: A Grief Recovery Method Pilot Project in Cleveland, Oh

Tammie Jones, Briana Fair
Birthing Beautiful Communities, Cleveland, USA

From Strength to Serenity: Nurturing Self-Compassion and Resilience in Black Motherhood

1:00 - 1:45pm Thursday, 25th July, 2024
Track Stress, Mood, Anxiety
Presentation type Break-Out Session

76 From Strength to Serenity: Nurturing Self-Compassion and Resilience in Black Motherhood

Rachael DuBose
Be the Light Clinical Supervision and Consulting, Cincinnati, USA
Panel Discussion #4 Storytelling Series

1:00 - 1:45pm Thursday, 25th July, 2024

Presentation type Storytelling Panel Discussion Series

52 Black Infertility Exists: Navigating Infertility Through a Cultural Lens
Ashley Hunt
Crescent and Crown Therapy, LLC, Chicago, USA

42 Considerations for comfort for Black moms who experience TFMR (Termination for medical reasons)
Whitney Trotter
N/A, Memphis, USA

35 The Mourning After: Addressing Black Grief and Reclaiming Our Joy.
Xaviera Bell
Zeal of Xander, Inc, Raleigh, USA

Supporting Black Birthing People Living with HIV and Their Mental Wellbeing through Storytelling

1:00 - 1:45pm Thursday, 25th July, 2024
Track Advocacy, Research and Policy
Presentation type Break-Out Session
53 Supporting Black Birthing People Living with HIV and Their Mental Wellbeing through Storytelling

Robyn Adams, Stacie McCormick, D'Andra Willis, Amber Reid, Helen Zimba, Qiana Lewis-Arnold

The Afiya Center, Dallas, TX, USA

Rainbow Clinic: Creating a Safe Prenatal Space Post Stillbirth

2:00 - 2:45pm Thursday, 25th July, 2024
Track Care and Service Provisions
Presentation type Break-Out Session

65 Rainbow Clinic: Creating a Safe Prenatal Space Post Stillbirth

Marjorie Vail

Push For Empowered Pregnancy, Katonah, USA

Elevating Mental & Emotional Health Prior to Birth: Midwives, Doulas & the Village

2:00 - 2:45pm Thursday, 25th July, 2024
Track Doula and Midwifery Care
Presentation type Break-Out Session

46 Elevating Mental & Emotional Health Prior to Birth: Midwives, Doulas & the Village
Using the Power of Community to Elevate Prenatal and Postpartum Mental Health Support

2:00 - 2:45pm Thursday, 25th July, 2024
Track Community Centered Solutions
Presentation type Break-Out Session

56 Using the Power of Community to Elevate Prenatal and Postpartum Mental Health Support

Toshira Maldonado
Most BEautiful W.O.M.B. Inc, Pleasantville, USA

POSTER PRESENTATION WALKTHROUGH

2:00 - 2:45pm Thursday, 25th July, 2024
Presentation type Poster Presentation

Utilizing community based doula support as an intervention to improve mental health for incarcerated birthing people
45 Utilizing community based doula support as an intervention to improve mental health for incarcerated birthing people

Autumn Mason¹, Chauntel Norris²

¹Minnesota Prison Doula Project, Minneapolis, USA. ²Alabama Prison Birth Project, MONTGOMERY, USA

Community-Driven Workforce Solutions to Support Black Maternal Health

3:00 - 3:45pm Thursday, 25th July, 2024
Track Doula and Midwifery Care
Presentation type Break-Out Session

68 Community-Driven Workforce Solutions to Support Black Maternal Health

Jessica Ehule

I Be Black Girl, Omaha, USA

Panel Discussion #5 Storytelling Series

3:00 - 3:45pm Thursday, 25th July, 2024
Presentation type Storytelling Panel Discussion Series
The holistic approach to creating change in socioeconomic disparities that impact Black Maternal Mental Health

Shanika King
A Mother's Love, Omaha, USA

Putting human back in humanity

Holly Sisa
Morning Mimosas, Denver, USA. The Lounge, Denver, USA. Queen's Wrld Boutique, Aurora, USA

Storytelling for Healing

Adelia Davis
Brightpoint, Chicago, USA

ROSE Black Maternal and Child Health Risk Index: Utilizing Data to Strengthen Maternal Mental Health Services Provided to Black Birthing People

3:00 - 3:45pm Thursday, 25th July, 2024
Track Community Centered Solutions
Presentation type Break-Out Session
Kimberley Broomfield-Massey¹, Andrea Serano², Kimarie Bugg², Kimberly Harper², Calondra Tibbs³

¹Urban Metrics Consultants, LLC, Marietta, USA. ²Reaching Our Sisters Everywhere, Lithonia, USA. ³Trifecta Advising, Atlanta, USA

Closing Ceremony Celebration

3:50 - 4:00pm Thursday, 25th July, 2024
Presentation Locations Grand Ballroom